

Children in a Digital Age: Stay safe and have fun in today's world

What are the conversations to have?

Where do you go online?

Are the sites visited age appropriate?

Is the content upsetting or frightening?

What is influencing your child?

What marketing is being targeted to them?

Possible actions

- ▶ Agree sites that you are happy for them to use. Use appropriate filters (p 5)
- ▶ Set up YouTube: SafetyMode. Create a YouTube channel. (p45) Turn off autoplay
- ▶ Set up Google Safe Search (p 42)
- ▶ Set controls on smartphones (p 37)
- ▶ Familiarise yourself with reporting tools on sites like Facebook, YouTube (p 45)

Who do you talk to online?

Do they know the people they play games with or talk to?

Could your child be bullied online?

Who is giving them advice?

Possible actions

- ▶ Be ready to explain why you are worried about the people they are in touch with online. (p 34)
- ▶ Check multi-player settings for games (p 21)
- ▶ If your child is being bullied or influenced in a way that concerns you
 - Keep the evidence—screenshots and/or texts
 - Talk to their teacher if it is someone from school
 - Report to the service provider
 - Find out how to block users on sites and games
 - In some circumstances where you are concerned about a person who is talking to your child you may want to report to www.ceop.police.uk

What do you do online? How do you spend your time?

Is there a possibility your child may be involved in illegal activity such as downloading pirate material, or sharing sexual images of themselves or others?

Are they spending too much time online?

Are they playing appropriate games?

Are they able to make deliberate or accidental purchases without you knowing?

Are they confident to manage their online friendships? Would they get involved in bullying or harassment? (p 30)

Possible actions

- ▶ Turn off in-app purchasing on smartphones and tablets (p 41)
- ▶ Check your child's privacy settings on sites like Facebook (p 44) and Instagram
- ▶ Be ready to support and guide your child with online friendships (p 30 and 31)
- ▶ Check the PEGI rating for games (p 4) Set age rating on console (p 43)
- ▶ Find games to play as a family eg watch Family Gamer TV on YouTube
- ▶ Watch appropriate videos together to help with conversations about sexting. eg NSPCC Share Aware
- ▶ Consider when you may want to involve your child's school or even the police

Page numbers refer to

Vodafone's Digital Parenting magazine Issue 3 available at vodafonedigitalparenting.co.uk

Links to many other support sites are available at <http://el.im/et-family>



Agree a family contract with your children (p 11, p 15)